

# Take Home Points for Parents, Coaches, and Camp Counselors of Kids in Sports

*Whose Game Is It, Anyway?*

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- 1) Use a 5:1 Ratio of Accurate Praise to Constructive Criticism
- 2) Mind Your Expressions: Negative Expression = Bad Kid
- 3) Make Directions Short, Simple, and Positive
- 4) Avoid Post-Game Criticisms for First 24 Hours
- 5) First Post-Game Question is “How was it?” NOT “Did you win or did you score?”
- 6) Numbers 4 & 5 are Very Hard to Do
- 7) Kids are NOT Mini-Adults
- 8) Talent Develops Well Into Late-Teens
- 9) Avoid Applying Adult Rules to a Child’s Game
- 10) Fun and Joy are Best Predictors for Long-Term Success & Benefits

[www.whosegameisitanyway.com](http://www.whosegameisitanyway.com)

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