

ACA-NE 2007 Conference

3, 4, 5, Go!

Adding children ages 3-5 to your camp program

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Agenda

1. Introduction

2. Age Characteristics

3. When having this age at your camp

Age Acceptance

Program

Facility

Toileting

4. Parents Expectations-

***Parents look for physical security**

***Emotional Security**

***Growth & Development**

***Personalization**

***Communication**

5. Games

6. Arts & Crafts (Stations)

GAMES

Hoop to Hoop

EQUIPMENT: Hula Hoops

HOW TO PLAY:

1. The members of each team join hands in a circle with a hula hoop hanging from one person's arm.
2. When play begins, the person with the hoop must step through it and pass it to a neighboring player without letting go of her teammates' hands.
3. The next player then does the same thing. The team that gets the hoop back to the starting player first wins.

Catch the Lion by the Tail

EQUIPMENT: Yarn or Fabric Tail

HOW TO PLAY:

1. Campers sit in a circle on the floor. The lion, tucks a homemade tail (a yellow piece of fabric with a knot in one end) into his waistband.
2. The lion begins circling the group, touching each child on the head and saying "Lion." When he decides he wants some action, he touches a player on the head and shouts "Hyena!"
3. The lion then must dash around the circle and take the hyena's spot before the hyena can grab the lion's tail.
4. If his tail is snatched, he remains the lion; if he sits where the hyena was without losing his tail, the hyena becomes the new lion.



Frozen Bean Bag

EQUIPMENT: Bean Bags

HOW TO PLAY:

1. Campers move around the area while balancing a bean bag on their head.
2. If a bean bag falls off the camper freezes and leaves the bean bag at their feet.
3. To become unfrozen another camper must place the beanbag back on the camper's head and not lose his/her own bean bag.

Musical Hoops

EQUIPMENT: Hula Hoops (various sizes are great), music

HOW TO PLAY:

1. Campers all start out in their own hula hoop.
2. Once the music starts they move about the area outside the hoops, dancing and singing. Remove a hoop.
3. When the music stops everyone finds a hoop...no one is out, the object is to all be in one hoop by the end of the game.

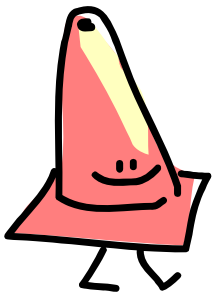


Crazy Cones

EQUIPMENT: 20 cones or more

HOW TO PLAY:

1. Divide the group in half
2. Spread the cones out in the area, $\frac{1}{2}$ standing up, $\frac{1}{2}$ laying down.
3. The object is to have one half of the group be the "knocker overs" and the other group be the "stander uppers".
4. After a while stop and count the number of cones laying down and the number of ones standing up. Spice it up by adding music, switch the groups after a while.



Other fun favorites-

Scavenger Hunts (use pictures vs. words)

Make collages with the items found

Red light/Green light

Silly Simon Says

Obstacle Course

Relay Races

Mother May I

Hide & Seek

Arts & Crafts

Oatmeal Clay

CRAFT MATERIALS:

- 1 cup rolled oats (you can use instant or old fashioned)
- 2/3 cup all-purpose flour, plus extra
- $\frac{1}{2}$ cup water
- Food coloring (optional)

Stir together all the ingredients in a large bowl, adding more flour if necessary, until the dough forms a lump. For colored clay, you can add drops of food coloring to the water before combining it with the dry ingredients.

Knead it on a floured surface, adding flour as needed, until it is smooth and not too sticky.

Allow finished creations to air-dry overnight. Leftover clay can be refrigerated in a ziplock bag for up to three days.

Spray Painting

CRAFT MATERIALS:

- Liquid tempera paints
- Plastic pump bottle or squirt gun
- Old bedsheet or large piece of newsprint
- Clothesline

Fill the pump bottle 3/4 of the way with water. Add just enough paint to color the water -- too much will clog the spray nozzle. Tighten the cap and shake well to mix. Adjust the nozzle so that it will shoot a thin, straight stream.

Hang the sheet or newsprint over the clothesline. Then stand a few feet from the sheet and begin painting. (If two or more kids plan to paint at the same time, be sure everyone stands on the same side to avoid mishaps and remind them to aim only at the canvas.)

Paper Leis

CRAFT MATERIALS:

- Muffin-pan liners
- Scissors
- Tissue paper
- Embroidery needle
- Yarn



For each flower, flatten 1 or 2 muffin-pan liners and trim the edge of each to create petal shapes.

Cut a round center out of the bottom of another liner and leaves from green liners or tissue paper. Make a dozen or so flowers.

Thread an embroidery needle with a strand of yarn long enough to create a loop that fits loosely over your child's head.

String on each flower, starting with the leaves followed by the petal layer and center, spacing them evenly along the strand.

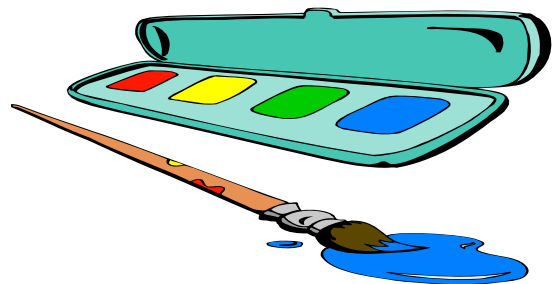
Tie the ends together.

Tutti Frutti Watercolors

- A variety of .13-ounce of Kool-Aid
- Warm water

For each color, combine one packet of drink mix and two teaspoons of water in a small cup, stirring until the mix dissolves.

Use with paintbrushes on watercolor paper. Refrigerate any leftover paints in airtight containers for up to three days.



Play-dough

CRAFT MATERIALS:

- 2 cups Flour
- 1 cup Salt
- 2 cups water w/food coloring
- 2 TBSP Veg Oil
- 4 tsp Cream of Tartar

Stir together all the ingredients in a sauce pan-cook on medium heat until dough forms a ball-stirring constantly.

Take out of pan and knead until worked together

Store in zip-loc bag...lasts up to 1 week