

# KEEPING THE OUTDOORS IN CAMP!

## ACA New England Conference 2007

- I. **Welcome & Introductions (9:15-9:25)**
  - a. Name, Camp, Position
  - b. Type of Camp
  - c. Hopes & Dreams for this Session
  
- II. **The Three Components of Keeping the Outdoors in Camp (9:25-9:35)**
  - a. Outdoor Activities
  - b. The Dirt Factor
  - c. Environmental Programming
  - d. Rating Scale Activity: Where you are vs. where you want to be
  
- III. **Limiting Factors-What holds you back brainstorm (9:35-9:55)**
  - a. Parents: Getting the Word Out
  - b. Facilities/Locations: Getting Out
  - c. Cost
  - d. Camper/Staff Mind-Set: Create opportunities, fun, role model
  - e. Communication: The assumptions we make
    1. Do families know where your camp is located?
    2. Do families know what type of activities occur?
    3. Do families know how kids will come home?
    4. Do families know how to dress weather appropriately?
  
- IV. **Best Practices Discussion & Activity Share (9:55-10:25)**
  - a. Acknowledging Fears
  - b. Sitting on the ground (logs, rocks)
  - c. Dealing with the bugs & the bees
  - d. Nature appreciation
  - e. Weather (rain, heat)
  - f. Small Group Activity Breakdown
  
- V. **Enviro-Science Resources (10:25-10:35)**
  - a. Basic Activities
  - b. I CARE
  - c. REI
  - d. YOP
  - e. Field Trips List
  
- VI. **Questions & Answers (10:35-10:45)**

# KEEPING THE OUTDOORS IN CAMP!

## The Quick Check Rating Scale

The Rating Scale will help you define where your camp lies on the continuum so you can focus and build on specific categories or programming as whole.

*Please rate the following by circling the appropriate number in each category.*

### Getting Outside

All activities are outside	4
Over half the activities are outside	3
Half the activities are outside	2
Less than half the activities are outside	1
No activities are outside	0

### The Dirt Factor

Campers go home very dirty each day	4
Campers go home somewhat dirty each day	3
Campers rarely go home dirty	2
Campers never go home dirty	1
Campers have no place to even get dirty	0

### Environmental Education

Campers participate in an Environmental activity at least 5 times/week	4
Campers participate in an Environmental activity at least 4 times/week	3
Campers participate in an Environmental activity 2-3 times/week	2
Campers participate in an Environmental activity at least 1 time/week	1
Campers never participate in an Environmental activity	0

### Rating

Add all three of your categories and compare your camp to the rating scale. There is no right or wrong here so DON'T PANIC! We will spend plenty of time discussing and sharing options for building, creating, and growing these categories. And remember, not everyone has to be at the top of the scale. Location, environmental factors, and population are just a few items that determine what works best for your camp.

#### 10-12

The Outdoors is the foundation of the camp experience.

#### 7-9

The Outdoors is an integral part of the camp experience.

#### 4-6

The Outdoors spends equal time with indoor programs and activities.

#### 1-3

The Outdoors is a basic and/or limited activity or program for the camp experience.

#### 0

The Outdoors is not a contributing factor to the camp experience.